

# TEXAS WIC APPROVED INFANT FORMULA & CEREAL

Effective October 1, 2008

## Infant Formula

### Breastfeeding is best!

If you breastfeed, the only food your baby needs the first 4 to 6 months of life is breastmilk.

If your baby is formula fed, WIC will provide one of these formulas:



**Similac Advance**

12.9 oz. powder or 13 oz. concentrate



**Similac Sensitive**

12.9 oz. powder or 13 oz. concentrate



**Similac Isomil Advance**

12.9 oz. powder or 13 oz. concentrate

✦ If your baby needs a different formula for a medical reason, bring a prescription from your baby's doctor to your WIC clinic.

## Infant Cereal

When your baby is at least 4 months old, WIC will provide infant cereal.  
You can only buy the following cereals without added fruit:



8 oz. & 16 oz. **boxes only, without fruit.**

No organic or cereal with DHA. No cereal in cans.

When your baby is at least 6 months old, WIC will provide juice. The Texas WIC Approved Foods brochure shows the juices you can buy.

This institution is an equal opportunity provider.



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